

CASSOWARY CAFE MENU SURCHARGE, SUNDAY 10%. PUBLIC HOLIDAY 15%	
<i>BREAKFAST, All Day</i>	
BREAKFAST BURGER Make it a double	\$13.00 \$17.50
CASSOWARY BIG BREAKFAST Eggs, Bacon, Grilled Tomato, Mushroom, Hash Brown, Chipolata Sausage, Roasted Spanish Onion, House Made Tomato Relish, Toast.	\$27.00
CASSOWARY VEGETARIAN BIG BREAKFAST (V, GF, VE OPTION), Corn Fritter Grilled Halloumi, Avocado, Eggs, Grilled Tomato, Mushroom, Hash Brown, Roasted Spanish Onion, House Made Tomato Relish, Toast.	\$27.00
FLEETWOOD MAC (V, GF, VE) Mushroom, Avocado, 2 Corn Fritters, House Made Relish, Kimchi, Toast.	\$22.00
EGGS BENEDICT (GF) Eggs, Smoked Salmon or Bacon, Spinach, Hollandaise Sauce on Toast.	\$23.00
EGGS ON TOAST (GF, VE) 2 Eggs Cooked Your Way on Toast.	\$13.50
FRENCH OMELETTE Free Range Eggs, House Made Relish on Toast. See Extras for Side Options.	\$17.00
TRADITIONAL PORRIDGE WITH A TWIST Steeped Oats with Fruit and Berries. Available Warmed or Cold.	\$15.50
AVOCADO ON TOAST WITH AN EGG (GF, VE, V OPTION. Avocado, Feta, Lemon Wedge, Balsamic Dressing, Dukkha (Nuts) On Toast.	\$20.00
MARINATED MUSHROOMS ON TOAST. VE V, Mushrooms marinated in a mixed herb Oil and Apple Cider Vinegar	\$18.00
EXTRAS Bacon, Sausages, Chicken, Corn Fritters, Avocado, Mushrooms, Feta, Halloumi. Kimchi, Smoked Salmon, Egg, Cheese, Grilled Tomato, Wilted Spinach, Baked beans	\$4.50. \$7.00 \$2.80

BRUNCH MENU. All Day.	
TRADITIONAL BRUSCHETTA (GF, VE, VE) Spanish Onion, Tomato, Fresh Basil Leaves, Feta, Balsamic Glaze on Toast.	\$15.00
CORN FRITTERS WITH LEAFY SALAD (GF, VE, V) House Made Corn Fritters with Sweet Chilli Sauce, Leafy Salad with Goji Berries, Sesame Kernels and Green Goddess Dressing.	\$16.00
CRISPY AIR FRIED CHIPS. (GF) 300g.	\$6.00
POKE BOWL (V, VE, GF) High Protein low carbs Kimchi, Seaweed, Edamame Beans, Chickpeas, Coriander, Brown Rice and Quinoa. Add Chicken, EXTRA, Salmon.	\$19.00
RAINFOREST MEETS THE SEA (GF) High Protein, Low carbs. Smoked Salmon, Lettuce, Snow Peas, Chickpeas, Pear, House Made Herbed Croutons (GF available) with Green Goddess Dressing on A Bed of Rice Noodles.	\$19.00
CAESAR SALAD Diced Bacon, Poached Free Range Egg, Torn Lettuce, Parmesan Cheese, Croutons (GF available). Caesar Dressing	\$15.00
	Add Chicken. \$19.00
PIE AND CRISPY CHIPS (AIR FRIED) , GRAVY, OR SAUCE OF CHOICE Choose Your Pie, Steak, Steak and Pepper, Steak Bacon and Cheese.	\$15.00
NAPOLI MEATBALL FIESTA. The Napoli Meatball Fiesta Is a Delightful Celebration of Flavours Inspired by Traditional Neapolitan Cuisine. Served On a Base of Pasta with Avocado and Corn Chips.	\$20.00
THREE BEAN CHICKEN UDON FUSION This Fusion Dish Typically Features Tender Chicken, Three Types of Beans, And Chewy Satay Udon Noodles,	\$20.00
SOUP and BREAD ROLL. Pumpkin or Leak and Tomato. Extra GF Bread	\$13.50
CROISSANTS	
HAM and CHEESE; HAM, CHEESE, TOMATO	\$11.00
AVOCADO And CHEESE	\$11.00
AVOCADO and CHICKEN	\$12.00
PLAIN	\$8.00
APPLE AND CINNAMON	\$10.00
STRAWBERRY JAM	\$8.50
WRAPS	
CAESAR SALAD	\$11.00
SWEET CHILLI CHICKEN	
RUEBEN, PULLED PORK, PARMESAN CHEESE, LETTUCE, KIMCHI, PICKLE Chipotle Mayo	\$12.80
BREAKFAST WRAP. Spinach, Scrambled egg, Cheese	\$16.00

GOURMET BURGERS All Burgers Served with a Side of Chips	
CASSOWARY CHICKEN BURGER Choice of, Marinated Chicken Breast or Chicken Schnitzel, Cheese, Tomato, Lettuce, Onion. Sauce Or Dressing, Aioli, Mayo, Chipotle, BBQ, Tomato.	\$18.50
WAGU BEEF BURGER Grass Feed Wagu Beef Pattie, Cheese, Tomato, Lettuce, Beetroot, Onion. Sauce or Dressing.	\$19.50 Double \$24.00
GRUNT AND CROW BURGER Egg, Bacon, Cheese, Tomato, Lettuce, House Made Tomato Relish. Make It a Double, Extra Egg and Bacon.	\$18.50 \$22.00
WORKS BURGER 120g Wagu Beef Pattie, Bacon, Egg, Cheese, Tomato, Lettuce, Onion, Sauce	\$23.00
KOREAN BURGER Choice of, Marinated Chicken Breast or Chicken Schnitzel, Kimchi, Cheese, Pineapple, Sauce of Choice. Recommendation, Chilli Relish.	\$19.50
OUTBACK BURGER Pulled Pork, Lettuce, Onion, Cheese, Pickle, Chipotle mayo	\$20.00
VEGETARIAN BURGER Corn Fritter Pattie, Mushrooms, Onion, Sundried Capsicum or Tomato, Carrot, Relish, Mixed leaf Lettuce, Aioli.	\$19.50
Jnr BEEF BURGER. 1 x Beef patty and sauce of choice.	\$13.50
KIDS MENU	
EGG ON TOAST	\$10.00
CHIPS	\$6.00
BACKED BEANS ON TOAST	
PANCAKES	\$10.00
CHICKEN NUGGETS and Chips	\$10.00
SANDWICH, Vegemite, Nutella.	\$5.00
KIDS BREKKIE BOWL. Steeped Oats, Yoghurt, Granola, Strawberry, Compote	\$11.00

SWEET TREATS	
GRANOLA FRUIT AND YOGHURT BOWL Strawberry, Compote, Granola, Yoghurt, Honey on Steeped Oats.	\$15.00
CASSOWARY SMASH 2 Scoops Ice Cream, Cream, Marshmallow, Granola, Caramel, Chocolate, Strawberry, Lime, Vanilla Topping.	\$13.50
AFFOGATO. GF, VE, V Ice Cream, Nutella, Double shot of Cold brew, Syrup of choice. Vegan Version available	\$8.50
PANCAKES, HOUSE MADE, (V, VE, GF) 2 Pancakes, 1 Scoop Ice-cream (Non-Dairy Available) Honey or Maple Syrup, Fruit Compote and Fresh Fruit.	\$18.00
ACAI SMOOTHIE BOWL. Banana, Strawberry, Blueberry, Organic Granola Crunch.	\$17.00
MANGO AND BANANA SMOOTHIE BOWL Banana, Strawberry, Blueberry, Organic Granola Crunch.	\$17.00
DAINTREE BOWL Steeped Oats (Alt Milk), Pear, Orange, Apple, Blueberries, Coconut, Strawberries	\$18.00
TOASTIES and MELTS. Ham Cheese and Tomato	\$10.00
Ask about our Gourmet Build Your Own Options at Counter Pick one Protein. Ham, Chicken, Bacon, Pulled Pork Pick 3 options. Tomato, Spinach, Cheese, Pickle, Avocado, Onion. Pineapple.	\$18.00
SANDWICHES. Bread, White, Wholemeal, Turkish.	
SALAD SANDWICH LETTUCE, TOMATO, BEETROOT, CARROT, ONION, CUCUMBER	\$10.00
CLUB SANDWICH THREE SLICES BREAD. LETTUCE, TOMATO, BEETROOT, CARROT, ONION. CUCUMBER, AVOCADO, CHEESE.	\$15.00
CHICKEN, AVOCADO	\$12.00
HAM CHEESE TOMATO.	\$10.00
BACON CHEESE and TOMATO	\$12.00

DRINKS MENU, HOT	REG	LARGE	JUMBO
ESSPRESSO	\$4.00	NA	NA
RISTRETTO	\$4.00	NA	NA
MAGIC. (Double Ristretto, Steamed Milk)	\$5.50	NA	NA
MACHIATTO	\$4.50	NA	NA
PICOLO	\$4.50	NA	NA
BLACK	\$4.50	\$5.00	\$6.00
CAPPUCHINO	\$5.00	\$5.50	\$6.20
BABYCHINO with MARSHMALLOW	\$2.50	NA	NA
PUPPYCHINO with Dog Biscuit. LF milk	\$3.00	NA	NA
LATTE	\$5.00	\$5.50	\$6.20
KAFFINATOR. Double Espresso, Double Cold brew Espresso, zest of lemon over ice. Rons specialty.	\$6.00	NA	NA
MOCHA	\$5.00	\$5.50	\$6.50
MASALA CHAI LATTE. Organic, Vegan, Processed sugar free. For sale, ask Staff.	\$5.00	\$6.00	\$7.00
PUMPKIN CHAI LATTE. For sale, ask Staff.	\$5.00	\$6.00	\$7.00
STICKY MASALA CHAI. For Sale, ask Staff. As sold in AMBIs Chai Bar Sydney.	NA	NA	\$7.50
MATCHA. Organic, Ceremonial. For sale,	NA	\$6.00	\$7.00
TEA. Highest Grade, Served in Tea pots.	NA	NA	\$6.00
Australian Breakfast	NA	NA	\$6.00
French Earl Grey	NA	NA	\$6.00
Chai Masala. Variety of blends.	NA	NA	\$6.00
Australian Green Sencha	NA	NA	\$6.00
Turkish			
Herbal (Tisane)	NA	NA	\$6.00
Camomile, full flower.	NA	NA	\$6.00
Ginger and Lemongrass	NA	NA	\$6.00
Peppermint, Whole Leaf.	NA	NA	\$6.00
Blus Pea Flower Tea	NA	NA	\$6.00
See in-store display.	250g	500g	1kg
Coffee Beans sold at counter. We will grind.	\$15.00	\$27.50	\$50.00
Teas, Chai and Herbal packs sold			
Hishio, Ceremonial Organic Matcha.	80g, \$38.00		

COLD DRINKS		
MILKSHAKES	SML	LGE
	\$5.00	\$6.50
THICK SHAKES	\$7.00	\$8.50
FRAPPES		\$7.00
SPIDER. Select Soda flavour from the drinks display		\$9.00
FRESH JUICE Carrot, Apple Orange, Lemon, Pear. Any combo.	Extra, Ginger \$0.60	\$8.00
SMOOTHIES	LGE	Extras
Pash-n-Shoot. Mango, Pineapple, Passionfruit.	\$9.00	\$12.00
Mango on Mango nectar	\$9.00	\$12.00
Mango-n-Banana	\$9.00	\$12.00
Berry go Round. Fruit of the Forest.	\$9.00	\$12.00
Banana and Honey. Recommended, add Nutella or Peanut butter	\$9.00	\$12.00
Emerald Energizer. Broccoli. Spinach, Honey, Matcha.	\$9.00	\$12.00
Banana, Coffee and Caramel.	\$9.00	\$12.00
EXTRA. 30g Protein Powder, Blue Spirulina (antioxidant), Alt Milk, Nutella, Peanut Butter,		
KAVA HEAVEN , (New) add Kava to your favourite cold drink.		
ICED LATTE		\$6.80
ICED LONG BLACK		\$6.80
ICED NITRO		\$7.00
ICED MOCHA		\$7.00
ICED MASALA CHAI LATTE		\$7.00
ICED TEA. Turkish, Camomile, Ginger and Lemongrass, Blue Lagoon (Pea flower)		\$6.00
ICED BLUE BUTTERFLY PEA TEA. Caffeine Free. Powerful Antioxidant, Controls Blood Sugar, Hair, Aids in Weight Loss		\$6.50
MATCHA		\$7.50
STRAWBERRY MATCHA		\$8.50
MANGO MATCHA		\$8.50
BERRY MATCHA		\$8.50
WHITE CHOCOLATE MATCHA		
BLUE MATCHA, Spirulina, Power up with Spirulina, nature's ultimate superfood! Packed with plant-based protein, antioxidants, and essential Amino Acids and nutrients, it supports immunity, boosts energy, aids detox, and promotes glowing skin. A must-have for daily wellness!		\$9.00
From the Drinks Fridge		
NOAHS BOTTLED JUICES.		
Energy and Rehydrate drinks		
SAXBY		
GINGERBEER		
COKE CLASSIC, COKE ZERO		